

What's Silly Hair
Day with No Hair

POP

AT HOME

GROWN-UP ACTIVITY GUIDE

LITERACY

Encourage early literacy experiences to ensure a lifetime of literacy success.

Before You Read

Take a picture-walk through the book and discuss the pictures without reading the words. Talk about what you see on each page. What kind of facial expressions are the kids showing? Discuss details of what might be happening on each page. For example, on the birthday party page, what do you think they are celebrating why do you think that?

While You Read

Has there ever been a time you have felt different or left out?
How did it make you feel?

Have you ever been a good friend to someone that is having a hard time? What did you do?

After You Read

What was the problem and how did Bea and Shaleah solve it?

Together, make a chart sequencing what Bea and Shaleah did on each day of Spirit week to make Bea feel more included.

Materials you need:

What's Silly Hair Day with No Hair(book) , paper and pencil

MATH

Build your child's understanding of numbers through the variety of manipulatives within the box.

Number Stories

Number stories are a great way to make numbers concrete and relevant. You can create all kinds of different stories on each page of the book. Begin by creating number stories for the child and then give them the chance to do so.

For example: On the second page, when Bea is in the grocery story, there are great opportunities for number stories on the shelves. "On the top shelf, there is a group of 8 bottles and then a group of 3 bottles. How many bottles are there all together?"

Materials you need:

[What's Silly Hair Day with No Hair](#)

FINE MOTOR

Strengthen your child's hand muscles to prepare for future writing experiences.

Have the child use yarn, string, paper, or anything you have in the house to cut into pieces of "hair".

Then have the child use the pincer grasp (thumb, index finger, and middle finger) to pick it up and balance it on their head. See if they can walk around the room while balancing it on their head.

Materials you will need:

Scissors, yarn, string, or paper.

STEM CHALLENGE

Build your child's problem-solving skills through an open-ended activity.

Bea and Shaleah won the Wackiest Hat Award for Silly Hat Day at school.

Can you design and create a hat for Silly Hat Day using materials from around your house?

But you cannot use a real hat!

Try drawing a picture of your design first, then get your materials, and finally create.

Materials you will need:

Paper and pencil to sketch your design idea and items from around the house to make the hat.

ART

Have the child draw a self portrait, but leave off their hair. Then give the child stickers, jewels, markers, etc. to decorate the head of their self portrait like Bea did for Silly Hair OR Head Day.

Materials you will need:

Paper and drawing utensils for the self portrait, jewels, stickers, rhinestones, etc for decorating head.

AND MORE...

Learn more about Alopecia. Have the child write a letter to a friend to teach them about Alopecia. If the child does not write yet, have them dictate their letter and write it for them.

Talk about ways that people are all the same, but different!

Materials you will need:

Paper and writing tool, books,
the internet (with parent help)